

# Wild Ponies

Competition Step Sheet

**DIVISION:** DIVISION 3 INTERMEDIATE – RISE & FALL

Description: 72 Counts, 2 Walls, Waltz, Country

Choreographer: Ami Walker

Music: Wild Ponies – Kellie Pickler

(\*Please note – music will be pitched down to 90bpm)

Count in: 48 Count Intro

Note: Music will fade before the Restart



## 1-12 TWINKLE, ½ TWINKLE, ½ TURN, CROSS ROCK, TOGETHER

- 1-3 Cross left foot over right, step right foot to right diagonal, step left to left diagonal
- 4-6 Cross right foot over left, make ¼ turn right stepping back on left, make ¼ turn right stepping right to right side.
- 7-9 Step forward on left, make ½ turn left on ball of left foot hitching right knee
- 10-12 Cross right foot over left, recover weight back on to left, step right foot next to left (12.00)

## 13-24 DIAMOND BASIC

- 1-3 Step left diagonally forward (to 1.30), step right next to left turning to 10.30, step left next to right.
- 4-6 Step right foot back (facing 10.30), step left next to right turning to 7.30, step right next to left.
- 7-9 Step left forward (facing 7.30), step right next to left turning 4.30, step left next to right.
- 10-12 Step right foot diagonally back (facing 4.30), step left next to right turning to 1.30, step right next to left.

## 25-36 TWINKLE, CROSS, ¼, SIDE, CROSS, UNWIND SWEEP, BEHIND SIDE ROCK

- 1-3 Cross left foot over right, step right foot to right side, (square up to 12.00) step left to left side.
- 4-6 Cross right foot over left, make ¼ right stepping back on left foot, step right foot to right side
- 7-9 Cross left foot over right, unwind a full turn over right shoulder keeping weight on left foot, sweep right foot around behind left.
- 10-12 Step right foot behind left, step left to left side, recover onto right

## 37-48 FORWARD DIAGONAL BASIC, BACK, ½, STEP, STEP 3/8 SWEEP, ¾ TWINKLE

- 1-3 Step forward on left foot to right diagonal (facing 4.30) , step right next to left, step left in place
- 4-6 Step back on right foot, make ½ turn left stepping left foot forward, step forward right (end facing 10.30)
- 7-9 Step left forward, make 3/8 turn left on ball of left foot sweeping right foot. (facing 6.00)
- 10-12 Cross right over left, make ¼ turn right stepping left foot back, make ½ turn right stepping right foot forward. (facing 3.00)

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## 49-60 STEP ½ TURN, STEP ½ TURN, ½ BASIC, BACK BASIC

- 1-3 Step forward left foot, make ¼ turn left stepping right foot slightly to right side, make ¼ turn left stepping left foot slightly forward
- 4-6 Step forward right foot, make ¼ turn right stepping left foot slightly to left side, make ¼ turn right stepping right foot slightly forward
- 7-9 Step forward left foot, make ½ turn left on ball of left foot stepping right slightly back, step left next to right
- 10-12 Step right foot back, step left next to right, step right in place

## 61-72 STEP, ¼ SIDE ROCK, RECOVER, WEAVE, SLIDE, ROLLING VINE

- 1-3 Step forward left foot, make ¼ turn left stepping right foot to side, recover weight onto left
- 4-6 Cross right over left, step left foot to left side, step right behind left
- 7-9 Step left foot long step to left, point right toe to right side and look to left
- 10-12 Make ¼ turn right stepping right foot forward, make ½ turn right stepping left foot back, make ¼ turn right stepping right foot to side

**START AGAIN**