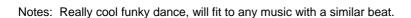
First To Let Go

48 COUNT 2 WALL Intermediate Waltz Description:

Choreographer: Paul McAdam

Music: "First to let go" - SheDaisy (Album - Knock on the sky)





1-6 1 2 3 4 5	1/4 TURN TWINKLE, BACK, SIDE, CROSS Step forward on left foot beginning an 1/8 th of a turn left Step forward on right foot continuing 1/8 th of a turn left Step forward on left foot (Now facing 9.00) Step back on right foot Step left foot to left side Cross right foot over left
7-12 1 2 3 4 5 6	1/4 STEP, FULL TURN SPIRAL, ROCK FORWARD, RECOVER, STEP BACK Make a 1/4 turn left and step forward on left foot Step right foot forward and slightly in front of left Unwind a full turn spiral left, leaving weight on right foot Rock forward on left foot Recover weight onto right foot Step back on left foot
13-18 1 2 3 4 5 6	1/2 TURN, STEP PIVOT 1/2 TURN, STEP, STEP PIVOT 1/2 TURN Make a 1/2 turn right and step forward on right foot Step forward on left foot Pivot 1/2 turn right (weight ends on right) Step forward on left Step forward on right Pivot 1/2 turn left (weight ends on left)
19-24 1 2 3 4 5	STEP, ½ TURN STEP BACK, STEP BACK, BACK, SIDE, IN PLACE Step forward on right foot Make a ½ turn right and step back on left foot Step back on right foot Step back on left foot Step right foot out to right side Step left foot in place
25-30 1 2&3 4 5 6	CROSS, CHASSE, CROSS ROCK, RECOVER, SIDE Cross right foot over left foot, Step left foot to left side, step right foot next to left, step left foot to left side Cross rock right foot over left foot Recover weight onto left foot Step right foot to right side
31-36 1 2	DIAGONAL CROSS, SIDE, BEHIND, BEHIND, SIDE, CROSS Heading towards right diagonal (7.30) Step left foot forward Step right foot to right side

3

Cross left foot behind right

Step left foot to left side facing 4.30 Cross right foot over left foot

Step back on right foot straightening up to 6.00

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Notes: Really cool funky dance, will fit to any music with a similar beat.



DIAGONAL CROSS, SIDE, BEHIND, BEHIND, SIDE, CROSS 37-42

- Straightening up to 3.00 step forward on left foot
- 2 Step right foot to right side facing 1.30
- Cross left foot behind right foot 3
- 4 Straightening up to 12.00 step back on right foot
- Make a ¼ turn left as you step left foot to left side (now facing 9.00) 5
- Cross right foot over left foot 6

1/4 TURN TWINKLE, CROSS ROCK, RECOVER, TOGETHER 43-48

- Make a ¼ turn left and step forward on left foot
- Step right foot to right diagonal 2
- 3 Step left foot to left side
- 4 Cross rock right foot over left foot
- Recover weight onto left foot 5
- Step right foot together, next to left

START AGAIN AND ENJOY