

# The Bop

**Count:** 32    **Wall:** 4    **Level:** Improver

**Choreographer:** Christine Steindl (Austria) July 2016

**Music:** The Bop by Ms Jody

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**Intro: 32 cts**

**[1-8] Kick Ball Point R, Hip-Bumps L, R, 1/4 Hip-Bump Turn R, Sweep Back Locking Triples R, L**

- 1&2            (1) kick R forward, (&) step R next to left, (2) point L forward  
(3) bump hips L forward, (&) bump hips R back, (4) make 1/4 Turn R as you bump hips L - 3:00
- 3&4
- 5&6            (5) sweep R as you step back R, (&) cross L over right, (6) step back R
- 7&8            (7) sweep L as you step back L, (&) cross R over left, (8) step back L

**[9-16] Touch Back R, Unwind 1/2 Turn R, Side-Rocks L, R, L**

- 1-2            (1) point R back, (2) make 1/2 Turn R -9:00
- 3-4&          (3) rock L to left, (4) recover on R, (&) step L next to right
- 5-6&          (5) rock R to right, (6) recover on L, (&) step R next to left
- 7,8            (7) rock L to left, (8) recover on R

**[17-24] 1/4 Sailor Turn L, Toe Struts with Hip Bumps R, (Turning) Toe Struts with Hip Bumps L, R**

- 1&2            (1) cross L behind right, (&) make 1/4 Turn L as you step R to right, (2) step L forward - 6:00
- 3&4            (3) touch ball of R forward as you bump hips forward, (&) bump hips back, (4) drop R heel as you bump hips forward
- 5&6            (5) touch ball of L forward as you bump hips forward, (&) bump hips back, (6) drop L heel as you bump hips forward
- 7&8            (7) touch ball of R forward as you bump hips forward, (&) bump hips back, (8) drop R heel as you bump hips forward

**Turning option:-**

- 5&6            (5) touch ball of L forward as you bump hips forward, (&) bump hips back, (6) drop L heel as you make 1/2 Turn R- 12:00
- 7&8            (7) touch ball of R back as you bump hips back, (&) bump hips forward, (8) drop R heel as you make 1/2 Turn R- 6:00

**[25-32] Jazz Box L, Jazz Box L with 1/4 Turn L Triple Step**

- 1,2,3,4        (1) cross L in front of right, (2) step R back, (3) step L to left, (4) step R forward
- 5,6            (5) cross L in front of right, (6) step R back
- 7&8            (7) make 1/4 Turn L as you step L to left, (&) step R next to left, (8) step L to left - 3:00

**Repeat and have fun**

Contact: [christinesteindl@aon.at](mailto:christinesteindl@aon.at)